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Our Speaker Meet on 29 September 2022

This week's Speaker meeting was held at Hotel Ashoka and our speaker was Dr Ankita Sabharwal who is a young lady was introduced by PP Rtn Govind Girdhar. Dr Ankita Sabharwal is the 4th generation Ophthalmologist in her family of 140 doctors! She is a fellowship trained Senior Eye Surgeon specializing in Refractive Surgery and Retina.

She is part of Shree Jeewan Hospital at New Rohtak Road a family run a charitable trust established in 1920, where they perform more than 500 free surgeries to treat the needy. Her practice is a tertiary care eye center under the 'Motiya Muktabhiyaan' (an Indian government initiative to give vision to all). For the benefit of the children, they undertake eye screening programs at various government schools. She spoke very well on the subject explaining about sub-specialties in ophthalmology using advanced laser machines and latest technologies.

She explained about various eye diseases and mainly cataract and its treatments using laser and use of robots in surgery, importance of mechanized process vis a vis needs of manual operations. She answered a number of questions asked by members present. Dr. Vijay Sabharwal MD. (AIIMS), DO (Dublin) was also in the meeting and also answered various questions of members. Overall it was very informative and we came out confident that our eyes can be well cared in all age groups ranging from routine examination to complex operations even replacement of eye lenses. Lunch was collaborated with hot soups and was vegetarian with Navratra dishes.

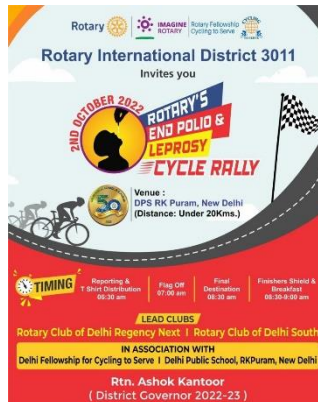
Agam Gupta



Distt. Polio and Leprosy Rally on 2nd October

Our D.G. Ashok Kantoor Celebrated World Polio and Laprosy Day coinciding with the birthday of Mahatma Gandhi on 2nd October, from DPS School R. K. Puram for a Polio free India and Laprosy Free World as thoughts by our great leader.

The cycle rally was flagged off at 7 am by the DG to cover a distance of 12 km till Police Memorial at Shanti Path. Prizes were given to the participants and sponsors follows by break fast. There were more then 200 participants. Our club participated at Pit Shop no. 7 by giving water etc. to the cyclist.



The 4-Way Test

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it Build **GOODWILL** and **BETTER FRIENDSHIP**?
4. Will it be **BENEFICIAL** to all concerned?

Next event
At 9th October
Movie at
DLF Promenade
Vasant Kunj
New Delhi

Happy Anniversary

Rtn. Ashish Makhija

29th September

happy
birthday

PDG Suresh Bhasin : 1st Oct.

President Vinod Sawhney : 3rd Oct.

Rtn. Devendra Nath Sethi : 6th Oct.

